

Gaston Middle/ HS School

April 2025

Lunch Menu

	14 Chicken & Waffles	2 Chicken Potato Bowl w/ WG Roll	3 Lasagna Roll-Up	4 Glazed Drumstick w/ WG Roll
7 Teriyaki Chicken over Brown Rice	8 Pancakes w/ Sausage	9 BBQ Chicken Sandwich	10 Homestyle Baked Penne Pasta	11 NO SCHOOL K-12th
14 Chicken Burrito Rice Bowl	15 Chicken Parmesan over Pasta	16 Orange Chicken over Brown Rice	17 Early Release Sach Lunches	18 NO SCHOOL K-12th
21 Saucy Meatball Sub	22 Cheesy Breadsticks w/ Marinara	23 Chicken Posole w/ Tortilla Chips	24 Chicken Nuggets w/ WG Roll	25 Beefy Sloppy Joes
28 Bean & Cheese Burrito	29 Toasted Cheese Sandwich w/ Tomato Soup	30 Giant Pretzel w/ Cheese Sauce		

Offered Tuesdays and Thursdays

Choice of Chicken, Refried Beans, Ground Taco Meat, and Jalapeño Cheese sauce on Whole Grain Corn Tortilla Chips or as a Burrito on a Whole Grain Tortilla!

EVERYDAY SELECTS



All meals include fresh fruits and veggies and choice of milk

Offered: Monday

Choice of Cheese or Pepperoni

All meals include fresh fruits and veggies and choice of milk

FAST TAKES



Offered: Daily

Assorted Sandwiches or Salads

All meal include fresh fruits and veggies and choice of milk

EVERYDAY GRILL



Wednesday
Cheeseburger
Hamburger
Bacon Cheeseburger
Veggie Burger

Friday
Chicken
Spicy Chicken Sandwich

Served with Tater Tots

All meals include fresh fruits and veggies and choice of milk